

10<sup>th</sup> January 2023

Dear Funder,

**Re: Park Yoga at Trowbridge Park**

I write in support of the funding application appertaining to the provision of the above.

Wiltshire & Swindon Sport (WASP) is the Active Partnership and works at both strategic and operational levels to drive the development of sport and physical activity opportunities, participation, and investment into the sporting infrastructure.

Trowbridge Town Council and its sporting arm Active Trowbridge is a close working partner of WASP and is a pro-active organisation which provides a valuable and extensive service across the local community to access sport and physical activity. Trowbridge Park is a vibrant and well managed space for the town's community to enjoy the open space, gardens and a range of sports and physical activity. Hosting free weekly Park Yoga sessions throughout May until September 2023 will further the opportunity for the local community to become active.

Park Yoga was delivered across 26 locations in the South West in 2022, with nearly 30,000 attendances across the 20 week season. An average of 1,456 people took part each week, with 92% of people feeling happier, 83% feeling healthier and 74% are now more physically active.

In 2022, specifically in Trowbridge we had a weekly attendance of 49 participants with a total of 984 people taking part over the 20 weeks

As the Active Partnership we would fully support this application and will continue to proffer our support to both Trowbridge Town Council & Active Trowbridge to support Park Yoga in 2023.

Yours sincerely,

Dominique Oughton  
Health & Wellbeing Manager (WASP)